

218 FASTING KIDS ZONE PRAYER & FASTING CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Pray for your family						
Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
Pray for your friends						
Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21
Pray for your church						

Write in each box what you are fasting from that day. Here are some ideas to get started!

Sugars, pop, candy, desserts, computer, videos games, TV, movies, phones, social media, etc.